



Mirror of a Shattered Mind: Manic Depression/Bipolar Journey to the Other Side of Sanity

Anna Carlotta

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Mirror of a Shattered Mind is based on the compelling true story of a woman named Anna in her quest to save her husband as he struggles with his Manic Depression/Bipolar illness and subsequent breakdown. Seven years after their divorce, her girlish dreams of being reunited with the man she still loves are shattered, as fate hurls them back into one more wild journey beyond the bounds of sanity.

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