



## Diabetes Education: Art, Science and Evidence

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Diabetes education is a process, the key to which is establishing a therapeutic relationship with the individual. The overall goal of diabetes education is to enhance the individual's health capability, including their ability to solve problems and apply the learning to self-care. Thus, diabetes education is an interactive process of teaching and learning where information is co-generated. This innovative and thought-provoking new book explores the 'how' of diabetes education, rather than the 'what' and the 'why'.

*Diabetes Education: Art, Science and Evidence* helps healthcare practitioners teach diabetes effectively from diagnosis onwards and ensure people living with diabetes receive individualised support and information. It enables practitioners and educators to examine and reflect on their practice when managing the person with diabetes. Bringing together all the thinking and experience of the diabetes journey in one text, this book is essential reading for all practitioners and students involved in diabetes care.

### SPECIAL FEATURES:

- Features short stories, case studies, illustrative quotes, practice points and reflection points throughout
- Edited by an internationally renowned expert in the field
- Contributions from some of the world's leading diabetes educators

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