



# Apples (Flavours Cookbook)

*Elaine Elliot, Virginia Lee*

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Apples - fresh and juicy - can be enjoyed all year round in an unlimited number of ways.

This cookbook offers an array of delicious apple recipes. Browse through these pages for fresh ideas - innovative appetisers and entrées like creamy Apple and Parsnip Soup with a hint of curry, or Medallions of Pork with Apple Walnut Sauce, as well as scrumptious desserts including stuffed baked apples and several not-so-traditional apple pies.

These recipes look as great as they taste - and anyone can make them! Photographed on location at some of the best restaurants and inns of the Maritime provinces, all these recipes have been tested and adapted for home cooking.

*Apples* is one of four cookbooks featuring the foods of the Maritime provinces. Look for *Blueberries*, *Salmon*, and *Lobster and Other Shellfish* in the same series.

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