



The Dining Nobility: From the Burgundian Dukes to the Belgian Royalty (Food Studies)

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Presenting a rare glimpse into the dining rooms of Belgian nobility from the Middle Ages to modern times, specialists in the field discuss gastronomy and festive culture in a historical and sociological context. This stunning work provides insights into both the culinary proclivities and table manors of these epic gourmands, answering such questions as *What was the daily menu of the dukes of Burgundy? What was behind the sudden enthusiasm for saltwater fish in the 17th century?* and *Why were exotic desserts so popular in the 19th century?* A valuable addition to the historical study of Belgian Noblemen and the ruling elite, this bilingual collection—presented in both English and French—creates a wonderfully rich portrait of the past, from the dukes of Burgundy to Belgian royalty.

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