



Being One: Finding Our Self in Relationship

Steven Harrison

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Being One sheds light on the meaning of our quest for love and relationship in all aspects of human life: marriage, family, and work. The book distinguishes itself from the myriad of writings on how to find a partner, how to improve your relationship, how to stay married, etc., by helping us to see that we are already profoundly connected to the people in our lives. Harrison digs deeply into our assumptions and beliefs about our culture and ourselves and delivers insight. In this beautiful and profound book, Harrison shows us that it is only in accepting our aloneness that we can truly be in relationship with others.

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