



# Vegan Slow Cooker: Easy, Healthy, Delicious Recipes for Busy People

*Kate White*

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## **Vegan Slow Cooker: Easy, Healthy, Delicious Recipes for Busy People** Kate White

Slow cookers are an amazing tool for those of us with hectic lives, but it can be hard to find good vegan recipes. Whether you're vegan for health or other reasons, or even if you just want some nutritious recipes to eat more veg a couple of nights a week, this is the book for you. You'll find this vegan slow cooker book packed with meal ideas the whole family will love. The emphasis is on maximizing flavor and minimizing effort, so that you can get a delicious meal on the table without any stress or hassles. By prepping the meals beforehand, you can come home from work without having to worry about dinner. So, what are you waiting for? Grab your copy today and get started with these delicious, healthy, vegan meals!

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