



Eat Me: The Food and Philosophy of Kenny Shopsin

Kenny Shopsin,Carolynn Carreno

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"Pancakes are a luxury, like smoking marijuana or having sex. That's why I came up with the names Ho Cakes and Slutty Cakes. These are extra decadent, but in a way, every pancake is a Ho Cake." Thus speaks Kenny Shopsin, legendary (and legendarily eccentric, ill-tempered, and lovable) chef and owner of the Greenwich Village restaurant (and institution), Shopsin's, which has been in existence since 1971.

Kenny has finally put together his 900-plus-item menu and his unique philosophy—imagine Elizabeth David crossed with Richard Pryor—to create *Eat Me*, the most profound and profane cookbook you'll ever read. His rants—on everything from how the customer is not always right to the art of griddling; from how to run a small, ethical, and humane business to how we all should learn to cook in a *Goodnight Moon* world where everything you need is already in your own home and head—will leave you stunned or laughing or hungry. Or all of the above.

With more than 120 recipes including such perfect comfort foods as High School Hot Turkey Sandwiches, Cuban Bean Polenta Melt, and Cornmeal-Fried Green Tomatoes with Comeback Sauce, plus the best soups, egg dishes, and hamburgers you've ever eaten, *Eat Me* is *White Trash Cooking* for the twenty-first century, as unforgettable and mind-boggling as its author.

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This Eat Me: The Food and Philosophy of Kenny Shopsin book is absolutely not ordinary book, you have it then the world is in your hands. The benefit you will get by reading this book will be information inside this reserve incredible fresh, you will get facts which is getting deeper anyone read a lot of information you will get. This Eat Me: The Food and Philosophy of Kenny Shopsin without we realize teach the one who examining it become critical in imagining and analyzing. Don't possibly be worry Eat Me: The Food and Philosophy of Kenny Shopsin can bring when you are and not make your carrier space or bookshelves' become full because you can have it in your lovely laptop even cellphone. This Eat Me: The Food and Philosophy of Kenny Shopsin having very good arrangement in word along with layout, so you will not truly feel uninterested in reading.

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Wilson Gonzalez:

People live in this new day time of lifestyle always aim to and must have the time or they will get wide range of stress from both day to day life and work. So , once we ask do people have time, we will say absolutely without a doubt. People is human not just a robot. Then we question again, what kind of activity are there when the spare time coming to you actually of course your answer will certainly unlimited right. Then do you try this one, reading ebooks. It can be your alternative throughout spending your spare time, the particular book you have read will be Eat Me: The Food and Philosophy of Kenny Shopsin.

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