

# Narcissism and Narcissistic Behaviour: How to Deal With Narcissist in Your Family, at Work, in Romantic Relationships and in Friendship

Amy Johnson



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Narcissism is a phenomenon characterized by excessive admiration of one's own mental and physical attributes. The term was derived from the Greek mythical character Narcissus, who fell in love with his own image reflected in the pool of water. Narcissism is a serious problem which can ruin a person's own life and his relationships with others. The more it grows, the more it becomes intolerable and difficult to handle.

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