



# Hypnotism: A Hypnosis Training & Techniques Manual: The Real Questions And Answers

*Tom Silver, Ormond McGill*

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**Hypnotism: A Hypnosis Training & Techniques Manual: The Real Questions And Answers** Tom Silver, Ormond McGill

This book is a hypnotism training and techniques manual that brings hypnotism into the scientific world of the twenty-first century. This hypnotism text book covers everything from 130 key questions and answers of hypnotism, to chapters on Rapid, Physical and Shock Induction Hypnosis methods including step by step directions on how to conduct these very rapid, deep and effective hypnosis methods that can instantly take a subject or client into a very deep depth of hypnosis within seconds (including actual photos of these types of inductions being performed). Also included in this hypnosis training manual is a chapter on how to remove fears and phobias with hypnosis. This chapter gives you all the information and even methods to help you to remove fears and phobic anxieties with hypnosis, including actual Hypnotherapy Scripts and suggestions for a fear removal hypnotherapy session. Also included is a chapter on Visual Imagery Techniques, Hypnosis deepening Techniques, Hypnotherapy Suggestions to Lose Weight, Stop Smoking, Sports Perfection, Memory Retention, Confidence and Success and much more.

This Manual also teaches you the method to hypnotize a person in a foreign language! Interlingual Hypnotic Trance Induction. There is even a chapter on How To Conduct Your First Hypnotherapy Session. This book is the first hypnotism Manual to promote EEG brain wave scanning as the new Scientific approach to hypnosis validation and even has three pages showing actual Brain Wave Scans of subjects in and out of hypnosis. What we call beta the waking state, and delta the deepest hypnotic state.

This book brings Hypnosis out of the dark ages and into the scientific world of acceptance and validation.

This training manual even includes a chapter on Acuressure Hypnosis, Energy Vitalizing Hypnosis and much much more!

This is truly a great hypnotism training and techniques manual. This manual also includes photographs of actual hypnosis inductions and more!

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