

# How to Cure a Cold in Two Days: You cannot kill 200 cold viruses, but you can remove them to free you quickly from common cold

Dr. James Z Liu, Dr. Lilly L Zhang

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This book is to start a revolution for humankind to win the war against common cold. For individual readers, you now have a very effective method to free you from the common cold very quickly. It is the fact that common cold is caused by over 200 cold viruses. It has a long history of making virtually everyone to suffer from this most common disease. However, it is a simple disease. This book explains why common cold is a simple disease. It is cold viruses to cause this disease, and the problem is mainly in the nose. More precisely, it is the surface of the nasal cavity to have inflammatory reactions. For treating the common cold, doctors currently have no antiviral drugs. There is no vaccine to prevent the common cold. Individual patients must take some approaches to reduce the suffering from the common cold. This book presents the breakthrough medical study in the non-medical language so the general public will have an easy time to understand that the new therapy is very effective! Its efficacy is much better than the current drugs, such as antiinflammatory drugs. This non-drug method can be used to prevent common cold as well. Readers will learn how to use this simple method to be free from the cold. In the book, these different products in that category are compared, so the readers will have the information and an easy time to select the best tool to cure the common cold. This book helps you, the readers, to overcome the fear of cold viruses, and encourages you to take the responsibility to free you from the week long suffering. After you read this book, you will learn the simple procures and may be able to cure your own cold safely, easily, effectively, quickly, and economically within two days! This book is to share a non-drug physical therapy. Physically removing viruses and inflammatory factors from your nasal cavities is the key to cure your cold. You may be able to go back to work or school next day if you follow the instructions. The author declared a war against the common cold on October 28, 2011. All members of human society will be united to fight and win this war. Thank you for actively fighting the war against the common cold.



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