



# **Bipolar Essentials**

Patrick Gillette

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Bipolar Essentials - Practical Skills for Families and Caregivers describes the symptoms, diagnosis and treatment and shows you how to work with your doctor to get the best results for the person with bipolar disorder and how to obtain and early and accurate diagnosis. This book details the role of the caregiver with tips and tools on how to care for the person with bipolar disorder. There are specific sections on managing the bipolar child and adolescent.



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