



# **The MMA Kicks Ass!: The Ultimate Book For The Mixed Martial Arts Or Combat Sports Fan**

*Ryan Wade Brown*

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This short MMA (Mixed Martial Arts) Reference Guide is must-have for the Ultimate Combat Sports Fanatic. The MMA has exploded over the years, so I figured I write a quick educational guide for those of you who are looking to educate themselves further on the sport. This book will touch base on many different topics, just some of which are; Techniques of the sport, Evolution of the sport, and even becoming a fighter are covered in this quick reference MMA book. So I hope you enjoy it. When it comes to "hand-to-hand" sports, few come close to the excitement on Mixed Martial Arts. Boxing might still be considered the King of these sports by some for now, but as the future of "combat sports" evolves I truly believe most will be switching their opinions to the Octagon very soon!

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