



Tomas Young's War

Mark Wilkerson

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Tomas Young's War is the tragic yet life affirming story of a paralyzed Iraq War veteran who spent his last ten years battling heroically with his injuries, while courageously speaking against America's wars.

Based on hours of interviews with Young and those close to him, the book puts the reader alongside Young as he struggles with life as a paralyzed veteran, suffering frustration and humiliation as he attempts to reenter society and resume as normal an existence as possible. It shows his fight to balance his precarious health with his drive to speak out for veterans care and against the war, and the impact his catastrophic injuries had on his family and his relationships.

This emotional and powerful book sheds light on many crucial but often overlooked issues such as veterans' care, public attitudes toward the disabled, medical marijuana, and the terminally ill. *Tomas Young's War* shares everything, as unflinchingly honest as Tomas himself: the depression, the pain, the love, and laughter . . . the *life* of this man whose world was turned upside down by an Iraqi bullet more than ten years ago. Throughout, it serves as a powerful testament to the true cost of war.

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