



## **Soaps, Bubbles & Scrubs: Natural products to make for your body and home**

*Nicole Seabrook*

[Download now](#)

[Click here](#) if your download doesn't start automatically

# Soaps, Bubbles & Scrubs: Natural products to make for your body and home

*Nicole Seabrook*

## **Soaps, Bubbles & Scrubs: Natural products to make for your body and home** Nicole Seabrook

After attending a natural product workshop during her time as an aromatherapy student, Nicole Seabrook became interested in creating her own, personalized natural products. Her mission to discontinue using chemical products in her home in favor of ‘all things natural’ proved a tough challenge at first as it was difficult to source certain ingredients in South Africa. However, as consumers become more aware of the toxic chemicals present in everyday household cleaning agents and cosmetics, and are keen to ‘go green’, these ingredients are now readily available at specialty health shops and pharmacies. Nicole also saw the need for a book on how to make these products at home in a practical, affordable and easy way.

Soaps, Bubbles & Scrubs comprises more than 100 simple, easy-to-follow recipes that Nicole has developed for use on your body and in your home. There are chapters on facial products, hair products, treatments for hands and feet, as well as products for babies and children, and for use during pregnancy. She also shows you how to make glycerin and cold-process soaps, and discusses the various essential oils and their uses. QR (quick response) codes have been included to provide links to videos on the Internet demonstrating how to make some of the products.

Contents: Introduction, About natural skin care, The origin of natural cosmetics and the history of soap making, Aromatherapy essential oils, Carrier oils, Equipment, Products for the body, Products for hands and feet, Products for hair, Bath products, Facial products, Products for pregnancy and childbirth, Products for babies, Products for kids, Soap, Products for the home, First-aid and medicinal products, References, Index.

- 100+ recipes for a wide range of products, from soaps, body scrubs, shampoos and foot soaks to wound cleansers, mouthwash, dishwashing liquids and air-fresheners.
- Only natural ingredients and essential oils are used. There are also products that can be used safely during pregnancy and for babies and children.
- QR codes will link to video clips on YouTube, with separate clips for recipes that require more detail.

 [Download Soaps, Bubbles & Scrubs: Natural products to make ...pdf](#)

 [Read Online Soaps, Bubbles & Scrubs: Natural products to mak ...pdf](#)

## **Download and Read Free Online Soaps, Bubbles & Scrubs: Natural products to make for your body and home Nicole Seabrook**

---

### **From reader reviews:**

#### **Alan Castorena:**

Information is provisions for folks to get better life, information currently can get by anyone at everywhere. The information can be a knowledge or any news even an issue. What people must be consider when those information which is within the former life are challenging to be find than now is taking seriously which one is acceptable to believe or which one the resource are convinced. If you find the unstable resource then you understand it as your main information you will see huge disadvantage for you. All those possibilities will not happen in you if you take Soaps, Bubbles & Scrubs: Natural products to make for your body and home as your daily resource information.

#### **James Buscher:**

The guide untitled Soaps, Bubbles & Scrubs: Natural products to make for your body and home is the publication that recommended to you to study. You can see the quality of the publication content that will be shown to anyone. The language that publisher use to explained their way of doing something is easily to understand. The copy writer was did a lot of analysis when write the book, and so the information that they share for your requirements is absolutely accurate. You also could get the e-book of Soaps, Bubbles & Scrubs: Natural products to make for your body and home from the publisher to make you much more enjoy free time.

#### **Timothy Austin:**

Soaps, Bubbles & Scrubs: Natural products to make for your body and home can be one of your beginning books that are good idea. Most of us recommend that straight away because this publication has good vocabulary that will increase your knowledge in vocab, easy to understand, bit entertaining but still delivering the information. The author giving his/her effort to get every word into delight arrangement in writing Soaps, Bubbles & Scrubs: Natural products to make for your body and home but doesn't forget the main stage, giving the reader the hottest along with based confirm resource data that maybe you can be among it. This great information could drawn you into new stage of crucial thinking.

#### **Elizabeth Walborn:**

Reading a book being new life style in this 12 months; every people loves to read a book. When you go through a book you can get a lot of benefit. When you read guides, you can improve your knowledge, since book has a lot of information upon it. The information that you will get depend on what types of book that you have read. If you would like get information about your analysis, you can read education books, but if you act like you want to entertain yourself read a fiction books, this kind of us novel, comics, and also soon. The Soaps, Bubbles & Scrubs: Natural products to make for your body and home provide you with a new experience in reading a book.

**Download and Read Online Soaps, Bubbles & Scrubs: Natural products to make for your body and home Nicole Seabrook #JIS3QE0W79G**

## **Read Soaps, Bubbles & Scrubs: Natural products to make for your body and home by Nicole Seabrook for online ebook**

Soaps, Bubbles & Scrubs: Natural products to make for your body and home by Nicole Seabrook Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Soaps, Bubbles & Scrubs: Natural products to make for your body and home by Nicole Seabrook books to read online.

### **Online Soaps, Bubbles & Scrubs: Natural products to make for your body and home by Nicole Seabrook ebook PDF download**

**Soaps, Bubbles & Scrubs: Natural products to make for your body and home by Nicole Seabrook Doc**

**Soaps, Bubbles & Scrubs: Natural products to make for your body and home by Nicole Seabrook Mobipocket**

**Soaps, Bubbles & Scrubs: Natural products to make for your body and home by Nicole Seabrook EPub**