



# The Global Forest: Forty Ways Trees Can Save Us

*Diana Beresford-Kroeger*

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**A lushly written, compelling tribute to trees-grounded in a wide range of scientific knowledge, and the inspiration for Diana Beresford-Kroeger's documentary, *Call of the Forest: The Forgotten Wisdom of Trees***

Renowned scientist Diana Beresford-Kroeger presents an unforgettable and highly original work of natural history with *The Global Forest*. She explores the fascinating and largely untapped ecological and pharmaceutical properties of trees: leaves that can comb the air of particulate pollution, fatty acids in the nuts of hickory and walnut trees that promote brain development, the compound in the water ash that helps prevent cancer, aerosols in pine trees that calm nerves. In precise, imaginative, and poetic prose, she describes the complexity and beauty of forests, as well as the environmental dangers they face. The author's indisputable passion for her subject matter will inspire readers to look at trees, and at their own connection to the natural world, with newfound awe.

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