



Getting the Most from Riding Lessons (Horse Wise Guides)

Mike Smith

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Stressing the benefits of preparation, Mike Smith helps you retain and even improve your riding skills in between lessons. Brushing up on the basics of horsemanship, identifying key goals, and conditioning riding muscles are all part of Smith's regimen, which is designed to enhance your riding experience and maximize the benefits of precious lesson time. With insights into understanding horse behavior and advice on how to effectively communicate with your instructor, you'll gain the confidence to take your riding to the next level.

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