



# Indian Food Made Easy

*Anjum Anand*

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## **Indian Food Made Easy** Anjum Anand

Based on the principles of light, modern Indian food for today's busy cooks - Anjum has created a collection of 95 delicious dishes in Indian Food Made Easy that are easy and often quick to put together and full of flavour. All the recipes from the BBC2 television series are here as well as many more, divided into chapters on Light Meals, Snacks, Fish and Seafood, Chicken, Meat, Vegetables, Beans and Lentils, Bread and Rice, Raitas and Chutneys. In addition, Anjum gives tips for using core Indian ingredients and information on the cooking of different regions, as well as suggestions for menus and entertaining.

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