



Bagua Method: A life changing journal to help you get your sh*t together (Volume 1)

Carlos Y Sumulong, Heather H Sumulong

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The Bagua Method is a simple tool that will help you get your sh*t together. This Feng Shui journal uses 8 life hacks to help you detox, lose weight, and clear the clutter from your life. You know those people that always seem to get what they want, or things always seem to go their way. This journal gives you the map to getting what you want. We created this 12 week system to help people find happiness and balance in their lives. The Bagua Method. This is your daily practice.

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