



Healing Lyme Disease Naturally: The Handbook for Holistic Lyme Disease Care and Prevention

Mary Thibodeau

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If you are reading this description, then I expect this is not the first Lyme Disease book that you've researched. In fact, if you or someone you know has been affected by Lyme Disease, I would guess that you spend a good amount of time looking for answers and worrying. Worrying about the debilitating symptoms. Worrying about the costs of treatment. Worrying about the pain, the fatigue. Worrying that your healthcare practitioner doesn't know how to treat you. Worrying how your family is affected. The list goes on. What my book, Healing Lyme Disease Naturally, gives you, is not just a Lyme Disease solution or a Lyme Disease Diet, but it is both of those things and much, much more.

Healing Lyme Disease Naturally is a book about people. People who have suffered, who are suffering now. They are faced with a chronic illness that often goes undiagnosed, misdiagnosed or mistreated. They are oftentimes doubted because their symptoms do not outwardly show. While their whole life is affected, they often cannot get the support and treatment they need. By focusing on natural health practices for treating Lyme Disease, reducing and preventing symptoms, and building back up the immune system, Healing Lyme Disease Naturally is the book that takes all those people – and all that worry - and gives them hope. And options. Major focuses of the book include:

Learning the best natural tips for strengthening the immune system, for the long haul

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