



# The Apple a Day Cookbook

*Janet Reeves*

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## **The Apple a Day Cookbook** Janet Reeves

An updated edition with a contemporary design that's sure to be a hit with apple lovers everywhere. It's no secret that apples are both tasty to eat and good for you, and *The Apple a Day Cookbook* showcases just how diverse this delicious fruit is with a wide variety of apple dishes, everything from appetizers to main courses, soups to salads, preserves to pastries?more than 250 recipes in all. Highlights include apple and bacon quiche, chocolate-chip apple cookies, apple-stuffed spare ribs, and sugar-dusted apple pie. Plus the apple facts, history, and trivia in the introduction will fascinate even the least kitchen savvy.

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