



# Dementia Beyond Disease: Enhancing Well-Being

*G. Allen Power M.D.*

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## **Dementia Beyond Disease: Enhancing Well-Being** G. Allen Power M.D.

From the internationally acclaimed author of the groundbreaking and award-winning book *Dementia Beyond Drugs* comes another eye-opening exploration of how to improve the lives of people with dementia and those who care for them. In this revised edition including updated facts, studies, and terminology Dr. G. Allen Power demonstrates how to achieve sustainable success in dementia care by changing the caregiving lens to focus on well-being and the ways in which it can be enhanced in people living with dementia.

Revealing how drug-based interventions as well as completely holistic approaches consistently fall short of addressing and meeting the needs of people with dementia, this book offers a proactive approach one that challenges widely accepted dementia care practices and provides a compelling new framework for developing more effective dementia services.

Through in-depth examinations of seven domains of well-being, readers will discover how current care practices erode them, and the transformative approaches that can restore them, plus how to apply a well-being approach to the everyday care of people living with dementia; a highly adaptable framework that can be adopted in any living environment; valuable insight on overcoming physical and operational barriers to well-being; a wealth of person-centered, strengths-based approaches to care.

Filled with true stories that demonstrate the power of a well-being approach to greatly improve the lives of people with dementia as well as those who care for them, this book presents methods that promise a new and hopeful vision for achieving the best possible outcomes for every person living with cognitive changes. Readers will be challenged, motivated, and profoundly inspired.

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