

Adult Coloring Journal: Co-Anon (Turtle Illustrations, Color Burst)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.



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From reader reviews:

Stanley Hanson:

This Adult Coloring Journal: Co-Anon (Turtle Illustrations, Color Burst) book is not really ordinary book, you have it then the world is in your hands. The benefit you have by reading this book is actually information inside this reserve incredible fresh, you will get info which is getting deeper you read a lot of information you will get. That Adult Coloring Journal: Co-Anon (Turtle Illustrations, Color Burst) without we understand teach the one who looking at it become critical in pondering and analyzing. Don't end up being worry Adult Coloring Journal: Co-Anon (Turtle Illustrations, Color Burst) can bring any time you are and not make your bag space or bookshelves' turn out to be full because you can have it in your lovely laptop even phone. This Adult Coloring Journal: Co-Anon (Turtle Illustrations, Color Burst) having very good arrangement in word as well as layout, so you will not truly feel uninterested in reading.

Richard Valadez:

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