



Strokes and Strategies For Tennis

Jr. H. C. Byler

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Tennis is more of a skill sport than a physical sport. Nobody is born with these skills. They must be learned and practiced in order to become the reflexes necessary for the required quickness in tennis. This book is a very detailed and comprehensive description of the strokes and strategies needed to become a winning tennis player. The book should be used as a basis for developing the proper tennis reflexes. The book covers both singles and doubles tennis play. It is applicable to all age and skill levels from the beginning player to the advanced player. The book has been written as a textbook for tennis students and is an excellent reference book that can be studied and reviewed again and again in order to learn and maintain the many techniques described. By 1st Books Library.

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