



Handbook of Sport Injuries

R. Charles Bull

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The treatment and management of sports related injuries is a growing part of primary care. Many common injuries are now treated in the managed care environment while referrals to the sports medicine clinic or orthopaedic surgeon are now saved for more complicated injuries. Written by experts in their respective sports, this handbook covers the relevant anatomy, diagnostic considerations, management, complications and prevention of the most common sports injuries in a variety of sports. Organization focuses on the sport, then moves to area of injury, and then on to rehabilitation, bracing, conditioning and physiotherapy. Throughout, simple line drawings and images highlight the coverage. As a special feature, in each sport and anatomical area, a brief list of operations and their potential benefit with risks and alternatives aids the primary care provider in deciding whether or not to refer to a specialist.

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