



Bipolar Jungle: Relationships, Romance & Surviving Bipolar Disorder

Dr Paul Dawson

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Dr. Paul Dawson, one of the top experts on bipolar disorder or manic-depressive mental disorders, presents in “BIPOLAR JUNGLE: Relationships, Romance & Surviving Bipolar Disorder”:

- A clear and simple understanding of the diagnosis of the types of bipolar disorder – what signs can help you and your psychiatrist or psychologist with diagnosis?
- Practical management & treatment suggestions – what medications you may need and possible side effects. A special section on the needs of WOMEN BIPOLARS!
- How should you handle it if you’re dating, in a relationship, or a marriage with a bipolar disordered individual?
- How can you support family members, friends, and lovers who have bipolar disorder?
- How can you manage your condition with exercise, lifestyle changes, and alternative meds such as herbs?
- What psychotherapies have the best track record in treating and helping bipolar clients overcome the negative-bipolar edge?
- How to recognize and cope with your bipolar-mood-swing patterns such as manic ups and depressive downs?
- How can you handle your boss, coworkers, friends, and family to be successful in your career and cope with your bipolar disorder?
- How can teens and twenty-somethings understand their bipolar diagnosis and get their lives on track for a happy & productive life?
- What can parents do about their children who may be bipolar? What are the warning signs and symptoms that may alert parents, teachers, psychiatrists, and psychologists to a child’s possible bipolar disorder?

Dr. Paul Dawson earned a Ph.D. in psychology from The New School for Social Research, Graduate Faculty, New York City. Dr. Dawson has been chief psychologist of a state prison system, clinical psychologist at mental hospitals, clinics, schools, and has been in private practice and consulting. Dr. Dawson has written over 30 books including: ANGELINA JOLIE PSYCHOANALYZED; BIPOLAR ZOO; BIPOLAR JUNGLE; BORDERLINE PERSONALITY DISORDER; BPD RECOVERY; CHARACTER INTELLIGENCE (CI); CAMPUS KILLER’S SECRET OBSESSION; GRACE KELLY SESSIONS; HOW TO GET SOBER; JACKIE O SESSIONS; JACKIE ONASSIS IN THERAPY; JODI ARIAS; MANSON INTERVIEWS RAW; MARILYN MONROE DIAGNOSED; MASKS OF A LADY KILLER; MASKS of PREDATORS; MASKS of SEX PREDATORS; MASKS of TED BUNDY; MY PRINCESS DIANA THERAPY SESSIONS; MY TED BUNDY INTERVIEWS RAW!; NARCOTERRORIST PSYCHOPATHS; PRINCESS DIANA DIAGNOSED; PSYCHOLOGY OF HIDDEN INFLUENCE; PSYCHOLOGY of MEN WHO ABUSE WOMEN; PSYCHOPATHS; ROCK STARS DIAGNOSED; SEX CRIMES; SEX, LOVE & SMART DATING; SKULL SCRAPERS, SKULL SCRAPERS 2, SKULL SCRAPERS 3; SKULL SCRAPERS 4; SKULL SCRAPERS 5; SKULL SCRAPERS 6; SPIES & ASSASSINS; SPIRITUAL THERAPY; TERRORIST IMPERATIVE; THE MASKS OF KARLA HOMOLKA.

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