



# 101 Advanced Coloring Pages: A Beautiful Stress Relieving Coloring Book for Adults

*Veena N Rutherford*

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## An Advanced Adult Coloring Book...

*"...The adult coloring book is one of the most beneficial trends to hit Western Civilisation in recent times..."*

*101 Advanced Coloring Pages* is a beautiful coloring book which features 101 stunning and advanced designs for you to relax and color in however you want. Choose to color our advanced mandalas, abstract patterns and geometric shapes in which ever color you decide. Swirling flora and fauna awaits you and your creatively colorful imagination! Get started and order your copy now!

News just in – coloring books aren't just for kids any more! Now hundreds of thousands of adults are rediscovering the pure joy and meditative properties of the humble coloring book. Our book has been designed specifically for grown ups and features beautifully detailed artwork. Coloring books have advanced and are now not only a simple passing-time activity for children – they are an important and very powerful stress-relieving tool for the busiest of people. No other activity can be as stress-relieving as a coloring book.

Adult coloring books provide art therapy – they allow you to relax and meditate as you color. The effects are quite powerful and can help a person relax very quickly after picking up a colored pen. Within minutes you will be in a relaxed state and you may feel the pressure lifted off you as you relive some of the carefree hours you spent in your youth.

See for yourself how adult color books can be excellent for stress relief and order your copy of *101 Advanced Coloring Pages* for yourself today.

Our beautiful coloring book would also make an excellent gift for your friends and family too. They would love to receive something different and this is a different gift that would provide them with hours of free entertainment – no batteries required!

**So what are you waiting for? Order Your coloring book now and regain some fun you missed from your childhood!**

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