



What Are You Waiting For?

Trey Boyer

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What Are You Waiting For? Author/Speaker/Motivational expert Trey Boyer presents readers both a question - and an encouragement!

Trey, who has spent his life encouraging others to discover their potential within, provides you with specific and actionable steps to enjoying life while accomplishing more than you may even have thought possible.

The book is divided into two parts. The first contains 70 quick read foundational building blocks that provide the infrastructure for your next level of success. The second is the Genesis Program section, Trey Boyer's guide to physical health and wellness that he developed during many successful years in the health and fitness industry. Jump-Start Your Path to Maximum Potential!

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