



Thoughts on Self-Improvement

Mr Godwin O. Akasie

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A great number of people want to know how to achieve their ambition and make meaning out of life. Knowing and applying thirteen uncomplicated, practical principles can make all the difference and bring life to that level of happiness and joy expected as our birthright. This little book is a collection of such amazing principles; it contains some simple secrets to a happy life with great motivational quotes from teachers in the school of life – past and present – sages, statesmen and women, scientists and philosophers, authors and writers, inspirational thoughts leaders, and moguls in sports and businesses. Among others, it covers such principles as: Belief and Personal Responsibility, Self-awareness, Dreams and Visualisation, Positive Attitude and Positive Habits, Planning, Preparation and Affirmative Action, Balancing Life, Relationships Management, and Showing Gratitude and Appreciation. Each engaging chapter is a quick hit of inspirational quotes guaranteed to enliven your day. It is a great gift for managers of people, students, athletes, and anyone else that appreciates a shot of inspiration when it is needed most.



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