



Dance a While: Handbook for Folk, Square, Contra, and Social Dance

Jane A. Harris, Anne M. Pittman, Marlys S. Waller

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*0-8053-2181-0, Pittman, Anne M., Waller, Marlys S., and Dark, Cathy L., *Dance A While: A Handbook of Folk, Square, Contra, and Social Dance*, Ninth Edition/--> *Dance A While* is a classic in the field of recreational dance. The Ninth Edition of this best-selling introduction to dance uniquely combines dance instruction, descriptions of major forms of dance, and directions for more than 260 individual dances, providing ample information for readers and giving future dance instructors the background they need to be successful teachers. The cultural background of international dances is presented, along with specific suggestions for developing style. A free accompanying CD provides the perfect music for reader practice. History, Effective Group Instruction, Dance Fundamentals, American Dance Sampler, Square Dance, Contra Dance, International Folk Dance, Social Dance. For all readers interested in learning the basics of recreational dance.

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